
Learning Objectives

MedBridge Massage
D'Ambrogio Institute: Principles of Practice
Kerry D'Ambrogio, DOM, AP, PT, DO-MTP

Course Objectives:

- Define the D'Ambrogio Institute (DAI) evaluation and treatment philosophies
- Define body balance, lesions, and the causes of lesions
- Describe the process for evaluating and treating lesions
- Define the principles of DAI clinical treatment principles
- Describe osteopathic concepts that are key to the DAI approach

Chapter 1: General Introduction

The first chapter of this course, which is shared between all courses in this series, introduces the participant to the D'Ambrogio Institute.

Chapter 2: What is Lesion?

This chapter introduces the causes and types of lesions, optimal balance, and The D'Ambrogio Institute (DAI) approach to total body balancing. This chapter also introduces the participant to the shoulder complex, which will provide an example region for the entire course series.

Chapter 3: Principles of Evaluation: ARTS

Once the participant has gained an understanding of the types of lesions that may be treated with the total body balancing methodology, Kerry D'Ambrogio will introduce the participant to the ARTS approach to evaluation.

Chapter 4: Osteopathic Concepts

The fourth chapter of this course takes a step back to provide background on key osteopathic concepts that are essential to a full understanding of the DAI approach. These concepts include unity of function, levels of fascia, energy and circulation, and overall unity of function between mind, body and spirit.

Chapter 5: DAI Treatment Philosophy

Once the participant is armed with relevant evaluation concepts and osteopathic practice background, the course continues to cover DAI treatment concepts, with a particular emphasis on a principle-based approach, rather than a technique based program.

Chapter 6: Six Principles of Treatment

This course concludes with a hands-on segment in which Kerry D'Ambrogio puts together the concepts described in previous chapters, and sets the stage for the other more targeted segments.