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## Learning Objectives

MedBridge Massage

*Treatment of Common Muscular Injuries Associated with Whiplash*

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### Course Objectives:

- Demonstrate assessment of cervical range of motion
- Demonstrate interventions to address dysfunction of the sternocleidomastoid or SCM, and dysfunction of the posterior tubercle.
- Demonstrate manual therapy for the scalenes, the posterior muscles of the neck, and Semispinalis Capitis muscles.

### Chapter 1: Whiplash Manual Therapy Part 1

In the first chapter of this course, Doug Nelson demonstrates how to assess cervical range of motion, and how to use precision neuromuscular therapy to address dysfunction of the sternocleidomastoid or SCM, and dysfunction of the posterior tubercle.

### Chapter 2: Whiplash Manual Therapy Part 2

The second chapter of this course addresses manual therapy for the scalenes, the posterior muscles of the neck, and Semispinalis Capitis muscles.