
Learning Objectives

MedBridge Massage

Public Health: Part 1 - Immune System Review, Herpes, HIV/AIDs, and Hepatitis

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Upon completion of this course, the online learner will be able to:

Chapter 1: Immune System Review

Delineate specific vs. nonspecific immune responses, with a focus on specific immunity, and Describe the following pathogens: viruses, bacteria, fungi, prions, and describe the progress of a typical viral infection

Chapter 2: Herpes Simplex Virus

Describe the differences and similarities between HSV-1 and HSV-2, follow the path between exposure and symptoms of HSV infection, identify seven types of HSV infection and their major signs and symptoms, and describe typical HSV treatment regimens.

Chapter 3: HIV and AIDs

Explore and explain the differences between HIV and AIDs, follow the path between exposure and symptoms of HIV infectios, list possible complications of HIV infection and how they come about, describe typical HIV treatment regimes, and predict risk of working with a client who is HIV+ and the possible benefits of massage therapy for a client who is HIV+

Chapter 4: Viral Hepatitis

Describe hepatitis, list the most common varieties found in the U.S., describe the four basic phases of hepatitis, with associated signs and symptoms, describe severity of symptoms, epidemiology, communicability mechanisms, and long-term consequences of HVA, HVB, and HVC, and describe typical viral hepatitis treatment regimes, including vaccination options.